

## CT-05 Green Exploring & Rejuvenation: A Sustainable Chiang Mai Retreat



### Program Tour

- 07:45 hrs.** Pick up from the hotel and transfer to Three Kings Monument
- 08:00 hrs.** Start the trip at Three Kings Monument and get a brief history of Chiang Mai.  
Take the tram around the moat, Chiang Mai City Gates, numerous temples, and the Local Market (Warorot Market), the largest fresh market in the city.
- 09:45 hrs.** Drop off at Three King Monument.  
Transfer to the spa for a relaxing spa session at:
- Fah Lanna Spa
  - The Gentle Massage & Spa
  - U Spa
  - Zira Spa
  - Benjakhun Medical Spa
  - The Village Spa
  - Oasis Spa
  - Rati Lanna Spa
- (The spa locations are subject to final confirmation by the TAT. Your designated spa will be communicated to you via email with ample notice before your appointment.)*
- 10:00 – 11:30 hrs.** **Thai Full Body Massage** 90 mins.
- 11:30 hrs.** Lunch at Fah Lanna Spa
- 12:30 hrs.** Return to the Hotel

**Remark:** Clothing - Shoulders and knees need to be covered (for entering the temple)



Min: 4 persons  
Max: 30 persons

## **Tour Include**

- Roundtrip Transportation from and back the hotel
- Admission fees as mentioned
- Lunch / Drinking Water
- English-speaking guide